

Dana Al-Omari

PhD. in Human Nutrition and Dietetics

To obtain a career that will further enhance my knowledge and capabilities, be a part of an organization that encourages learning and development, and educate the theoretical and updated principles of nutrition



Dawqara, Zarqa



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SOCIAL MEDIA



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ACADEMIC DEGREES

September 2019 - March 2023

The University of Jordan/ School of Graduate Studies/ Nutrition and Food Technology

Ph.D. in Human Nutrition and Dietetics (3.98 points of 4)

January 2014 - July 2017

The University of Jordan/ School of Graduate Studies/ Nutrition and Food Technology

M.Sc. in Human Nutrition and Dietetics (3.81 points of 4)

September 2009 - June 2013

Hashemite University/ Faculty of Allied Health Sciences

B.Sc. in Clinical Nutrition and Dietetics (3.41 points of 4)

SCIENTIFIC RESEARCHES AND STUDIES

- Vitamin D deficiency among Jordanian university students and employees, funded by King Abdullah II Design and Development Bureau, supervised by the Department of Clinical Nutrition and Dietetics/ Hashemite university.
- Assessment of serum antioxidant capacity and iron biomarkers and their association with dietary antioxidants intake in patients with β -thalassemia intermedia and major in Zarqa./ MSc. thesis, funded by the University of Jordan, supervised by Prof. Mousa Numan Ahmad/ Faculty of Agriculture/ University of Jordan
- A study of the relationships among the levels of hepcidin, superoxide dismutase (SOD), zinc, and copper in a sample of β -thalassemia patients in Jordan.

PUBLISHED PAPERS

- Al-Omari D, Takruri H. Status of hepcidin, superoxide dismutase, zinc, and copper in β -thalassemia: A review. JSSFN. 2022;15(1):11-18.
- Al-Omari D, Takruri H. Status of Hepcidin and SOD in a Sample of Jordanian β -Thalassemia Patients. JMJ. 2024; 58 (2): 118-128..

EXPERIENCES, CONFERENCES AND PROGRAMS

October 2024 - present

Philadelphia University

Assistant professor

March 2023 - August 2024

Philadelphia University

Part-time lecturer

November 2022 - December 2022

Project of Education Assessment for the Program of Three Semesters in Saudi Schools

SPSS analyzer

March 2023

Workshop on "TPN is a Pharmaceutical Challenge"

Participant

October 2022 - August 2023

Al- Balqa' Applied University/ Zarqa University College

Part-time lecturer

November 2021

The Third International Medical Conference on Thalassemia, Hemophilia and Sickle Cells Diseases, Landmark Hotel/ Amman

Participant

September 2019

The First International Medical Conference on Thalassemia, Hemophilia and Sickle Cells Diseases, Landmark Hotel/ Amman

Speaker and participant

March 2019 - May 2019

Jordan Health Aid Society (International), Amman

Team leader in Jordanian survey project

February 2013 - May 2013

Jordanian Royal Medical Services

Trainee Nutritionist

March 2013

The University of Jordan Schools

Speaker in Education Session for Dental Care

January 2013

Workshop on Contemporary Issues in Nutrition in the Arab World, Hashemite University/Zarqa

Participant

November 2012

Educational Tent for Diabetics, New Zarqa/ Zarqa

Dietitian

October 2012

Hashemite University/ Department of Clinical Nutrition and Dietetics, Zarqa

Dietitian in the World Diabetes Day

September 2012

Hashemite University/ Department of Clinical Nutrition and Dietetics, Zarqa

Dietitian at the Nutrition Clinic/ Hashemite University

SOFTWARE SKILLS

Microsoft Office



Food Processor-Nutrition Analysis Software

(ESHA)



Statistical Package for the Social Sciences

(SPSS)



PERSONALITY

- Organized
- Creativity
- Communicative
- Punctuality

SKILLS

- Good communication - written and oral skills
- Excellent conceptual and analytical skills
- Effective interpersonal skills