



**Philadelphia University
Faculty of Nursing
Second Semester 2020/2021**

<u>Course Syllabus</u>	
Course code: 910435	Course Title: Community Health Nursing (Theory)
Course prerequisite(s) and/or co requisite(s): 911223	Course Level: Fourth year
Credit hours: 3	Lecture Time: Monday 1 pm -4 pm

Faculty Specifications:

- **Course Coordinator:** Dr. Mayada Daibes, Associate Professor
- **Office Number and Location:** 15404, Second Floor
- **Office Hours:**
- **Email Address:** mdaibes@philadelphia.edu.jo

Course Description:

This course is designed to help the fourth year level students acquire a broad perspective of community health nursing (CHN) by applying different concepts of community health nursing with emphasis on health promotion and primary health care as well as learning about the primary health care system and settings in Jordan and tertiary level settings; It familiarizes the students with best practices in community health nursing by building on knowledge and skills acquired in prerequisite courses; the students are taught community assessment, health promotion and disease prevention strategies used in primary health care, home health care, geriatric homes and rehabilitative care settings with emphasis on Jordanian strategies and organizations. Focus is placed on the family in wellness and illness in various community settings but mostly on rural communities surrounding the University of Philadelphia in addition to environmental health. Aspects of care are explored based on a demographic and epidemiological approach as well as building an environmental awareness, and acquiring problem-solving and critical thinking skills which act as a basis for nursing care in any community setting.

This course ultimately aims at developing, modifying and promoting students' and people's knowledge, attitude and health behaviors.

Course Intended Learning Outcomes (ILOs)/Competencies:

After completion of this course, the student will be able to:

A. Knowledge and Understanding

1. Describe the nature, philosophy and scope of community health nursing (CHN)
2. Define CHN and related terms
3. Explain the rules and functions of CHN
4. Discuss the concept of health promotion
5. Discuss the principles of health education
6. Describe current community health problems in the main cities and rural Jordan and the refugee camps.
7. Discuss and apply the process of family assessment in the different community settings (main cities, rural areas and the refugee camp of Souf
8. Identify some major health problems facing the family in main cities, rural areas, as well as the refugee camps.
9. Identify and compare the different community health nurse's role in different practical areas (main cities, rural areas and the refugee camps)
10. Discuss school health nursing (assessment and nursing roles)
11. Identify the characteristics of the maternal-child aggregate, associated issues, needs and problems.
12. Discuss care of clients with physical and mental disabilities
13. Discuss the importance of occupational health with focus on problems, hazards, needs and nursing roles).
14. Discuss the importance of biostatistics and epidemiology approaches related to CHN

B. Intellectual Skills

1. Identify the different concepts applied in CHN (nursing process, levels of prevention, primary health care, activities of daily living (lifestyle, etc...))
2. Identify primary health care concepts of CHN and apply them to rural areas, as well as the refugee camps.
3. Describe the process of community assessment and assess the communities of the camps and rural settings in Jordan
4. Use different theories and models from the natural and behavioral sciences as well as humanities and relate them to individual and family health
5. Elaborate on the importance of rehabilitation for clients with physical and mental disabilities.
6. Recognize the importance of environmental health in promoting individuals and community health in the different settings

C. Professional Skills

1. Elaborate on the different CH Nurses' roles and functions in different comprehensive health centers (CHCs) in main cities, rural areas and the CHCs of UNRWA in camp
2. Identify the different CHN concepts, values and beliefs relevant to community health

D. Transferable Skills

1. Appreciate the importance of promoting, maintaining individual own health at the optimal level
2. Using the knowledge acquired about the camp residents in camp and rural populations of Jordan, recognize the importance of environmental health in promoting healthy communities
3. Develop interest and positive attitudes towards communities with special needs such as rural populations, refugee camps in CHN

Course Schedule:

Week	Topic	ILO(s)	Note
1.	Orientation- Vision, Mission and philosophy of Nursing school Safety measures in the classroom. Course Syllabus		
	Introduction to Community Health Nursing (ch. 1)	A.1, A.4, A.2, C-1-2, D1-3	
2.	Setting the stage for CHN _ Settings and roles (ch. 3)	A.2, B.1, C-1-2, D1-3	
	Epidemiology in CH care (ch.7)	A.6, A, 14, C-1-2, D1-3	
3.	Epidemiology in CH care (ch.7)	A.6, A.14, C-1-2, D1-3	
	Communicable disease control (ch. 8)	A.14, C-1-2, D1-3	
4.	Communicable disease control (ch. 8)	A.14, C-1-2, D1-3	
	Health promotion: Achieving Change Through Education (ch. 11)	A.5, C-1-2, D1-3	
5.	Community as client: (unit 4) 1. Theoretical basis for CHN (ch. 14)	A.1, C-1-2, D1-3	
	2. Applying nursing process (CH. 15)	A.3, B.1, B.3, C-1-2, D1-3	
6.	2. Applying nursing process (CH. 15)	A.3, B.1, B.3, C-1-2, D1-3	
7.	2. Applying nursing process (CH. 15)	A.3, B.1, B.3, C-1-2, D1-3	
	The family as client: 1. Theoretical basis for promoting family health (CH. 18)	A.7, A.8, B.4, C-1-2, D1-3	
8.	2. working with families: Applying the nursing process (CH. 19)	B.4, C-1-2, D1-3	
	3. Violence affecting families (CH. 20)	A.7, A.8, B.1, C-1-2, D1-3	

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9.	Promoting and protecting the health of aggregates with developmental needs: 1. Maternal _ child health (working with perinatal. Infant, toddlers and preschool clients) (ch. 21)	A.11, A.7, A.8, B.1, C-1-2, D1-3	
	Maternal _ child health (working with perinatal. Infant, toddlers and preschool clients) (ch. 21) (cont...)	A.11, A.7, A.8, B.1, C-1-2, D1-3	
10.	2. School age children and adolescents (ch. 22)	A.10, A.7, A.8, B.1, C-1-2, D1-3	
	Promoting and protecting health of vulnerable population: 1. Working with vulnerable people (ch. 25)	A.9, A.11, A.12, C-1-2, D1-3	
	1. Working with vulnerable people (ch. 25)		
11.	1. Working with vulnerable people (ch. 25)	A.9, A.11, A.12, C-1-2, D1-3	
	2. clients with disabilities and chronic illnesses (ch. 26)		
12.	2. clients with disabilities and chronic illnesses (ch. 26)	A.11, B.5, B.6, C-1-2, D1-3	
	3. working with homeless (ch. 28)	A.9, B.6, C-1-2, D1-3	
13.	4. issues with rural, migrant and urban health care (ch. 29)	A.9, B.2, B.6, C-1-2, D1-3	
	Settings for community health nursing: 1. public settings for community health nursing: 1.1: School nursing (ch. 30)	A.10, B.6, C-1-2, D1-3	
14.	2. Private settings for community health nursing: 2.1: Occupational health nursing (ch. 31)	A.13, B. 6, C-1-2, D1-3	

Module Reference

1. Rector, C. (2019). **Community and Public Health Nursing: Promoting the publics' health.** Lippincott Williams & Wilkins.
2. Nies, M. A., & McEwen, M. (2019). **Community/public health nursing: promoting the health of populations.** Elsevier Health Sciences.

In addition to the above, the students will be provided with handouts by the lecturer.

Teaching Methods:

- Brain storming
- Classroom discussion
- Group discussion
- Library readings and Internet search

- Lecture

Course Evaluation

<u>Allocation of Marks</u>	
Assessment Instruments	Mark
Mid term exam	30%
Participation, Quizzes, and attendance	30%
Final Exam (written exam)	40%
Total	100%

** Make-up exams will be offered for valid reasons only with consent of the Dean. Make-up exams may be different from regular exams in content and format.*

Attendance Policy:

Absence from lectures and/or tutorials shall not exceed 15%. Students who exceed the 15% limit without a medical or emergency excuse acceptable to and approved by the Dean of the relevant college/faculty shall not be allowed to take the final examination and shall receive a mark of zero for the course. If the excuse is approved by the Dean, the student shall be considered to have withdrawn from the course.

Documentation and Academic Honesty

Submit your home work covered with a sheet containing your name, number, course title and number, and type and number of the home work (e.g. tutorial, assignment, and project).

Any completed homework must be handed in to my office (room IT...) by 15:00 on the due date. After the deadline "zero" will be awarded. You must keep a duplicate copy of your work because it may be needed while the original is being marked.

You should hand in with your assignments:

- 1- A printed listing of your test programs (if any).
- 2- A brief report to explain your findings.
- 3- Your solution of questions.

• Protection by Copyright

1. Coursework, laboratory exercises, reports, and essays submitted for assessment must be your own work, unless in the case of group projects a joint effort is expected and is indicated as such.
2. Use of quotations or data from the work of others is entirely acceptable, and is often very valuable provided that the source of the quotation or data is given. Failure to provide a source or put quotation marks around material that is taken from elsewhere gives the appearance that the comments are ostensibly your own. When quoting word-for-word from the work of another person quotation marks or indenting (setting the quotation in from the margin) must be used and the source of the quoted material must be acknowledged.
3. Sources of quotations used should be listed in full in a bibliography at the end of your piece of work.

• Avoiding Plagiarism.

1. Unacknowledged direct copying from the work of another person, or the close paraphrasing of somebody else's work, is called plagiarism and is a serious offence, equated with cheating in examinations. This applies to copying both from other students' work and from published sources such as books, reports or journal articles.

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2. Paraphrasing, when the original statement is still identifiable and has no acknowledgement, is plagiarism. A close paraphrase of another person's work must have an acknowledgement to the source. It is not acceptable for you to put together unacknowledged passages from the same or from different sources linking these together with a few words or sentences of your own and changing a few words from the original text: this is regarded as over-dependence on other sources, which is a form of plagiarism.
3. Direct quotations from an earlier piece of your own work, if not attributed, suggest that your work is original, when in fact it is not. The direct copying of one's own writings qualifies as plagiarism if the fact that the work has been or is to be presented elsewhere is not acknowledged.
4. Plagiarism is a serious offence and will always result in imposition of a penalty. In deciding upon the penalty the Department will take into account factors such as the year of study, the extent and proportion of the work that has been plagiarized, and the apparent intent of the student. The penalties that can be imposed range from a minimum of a zero mark for the work (without allowing resubmission) through caution to disciplinary measures (such as suspension or expulsion).