



Philadelphia University
Faculty of Nursing
Second Semester, academic year 2020-2021

<u>Course syllabus</u>	
Course title: <i>Fundamentals of Nursing Theory</i>	Course code:0911111
Course level: Second Year	Prerequisite course :0240101 Corequisite course 0911112
Lecture time: Monday and Wednesday	Credit hours: 3
	Contact hours: 3

<u>Academic Staff</u>			
<u>Specifics</u>			
Name	Rank	Office number and location	E-mail address
Mrs. Hayat Abu-Shaikha	Lecturer: RN; MNS	501 3 rd floor	habushaikha@philadelphia.edu.jo

Course Description

This course is an introduction to basic nursing concepts and skills. Nurses today must be able to grow in order to meet the demands of a dramatically changing health care system. They need to utilize the nursing process, evidence-based practice; students learn the specific concepts needed in the planning of nursing care addressing a client's cognitive, interpersonal, psychomotor skills, psychosocial and developmental needs, protection, safety and basic physiologic needs

* **Intended Learning Outcome (ILOs) competencies.**

* **After completion of this course the student will be able to:-**

- * A. Discuss nursing, health and illness, and health care delivery in the past, present and future from a nursing perspective.
- * .
- * B. Develop an understanding of nursing focusing on the basic concepts, skills, and legal ethical elements of nursing practice
- * .
- * C. Identify and utilize the components of the nursing process in the delivery of safe, responsible health care.
- * .
- * D. Explain the importance of the following in the delivering of competent nursing care: nurse-client relationship, therapeutic communication, principles of reporting and documentation, and teaching/learning strategies.
- * .
- * E. Discuss essential concepts related to the psychosocial and developmental needs of clients across the lifespan

Learning Outcomes:

1. Knowledge and understanding

- 1.1. Discuss the influences of nursing history as an applied science.
- 1.2. Recognize the roles and functions of the professional nurse.
- 1.3. Define health/illness and the health illness continuum.
- 1.4. Identify methods of health promotion.
- 1.5. Discuss concepts of health, wellness and well-being

2. Intellectual skills

- 2.1 . Analysis of the theoretical basis of a professional nurse as regards vital signs, hygienic care of the patient and environment, wound care, catheterization, safety measures of giving medications, promotion of patient mobility, using body mechanics and patient mobility, elimination problems and basic life support.
- 2.2 Utilize nursing process to evaluate and manage patient different needs.
- 2.3 Practice critical thinking to solve problems.

3. Professional and practical skills

- 3.1. Demonstrate accurately and safely all basic nursing skills that included in the syllabus
- 3.2. Communicate effectively with instructor, colleagues and patient.
- 3.3 apply nursing process to provide adequate patient care for different cases

4. Transferable Skills

- 4.1. Applying effective interview techniques with patient and his family
- 4.2. Apply effective communication skills with colleges and lecturer

Teaching Methods:

- Lecture, discussion.
- Audio visual

Course Evaluation

<u>Allocation of Marks</u>	
Assessment Instruments	Mark
First examination	30%
Quizzes and assignments	30%
Final Exam (written exam)	40%
Total	100%

* Make-up exams will be offered for valid reasons only with consent of the Dean. Make-up exams may be different from regular exams in content and format.

Course Academic Calendar

Date 2020\2021	Content	Achieved ILOs
Week 1	<ul style="list-style-type: none">• Orientation and syllabus• Historical perspective and definition of nursing• Roles and functions of the professional nurse.	1.1 1.2
Week 2	<ul style="list-style-type: none">• Health, illness, and wellness	1.3 1.4 1.5
Week 3	<ul style="list-style-type: none">• Medical and surgical asepsis• Infection control	2.1 2.2 4.1
Week 3+4	<ul style="list-style-type: none">• Skin care	2.1 2.2 2.3
	Vital signs	4.1 4.2
Week 5	<ul style="list-style-type: none">• Evidence based practice	1.2 2.2

	<ul style="list-style-type: none"> • Critical thinking • Nursing process 	2.3
Week6	<ul style="list-style-type: none"> • medications 	1.2 2.1 2.2 4.1 4.2
	Midterm Exam	
Week7	<ul style="list-style-type: none"> • Promotion of mobility, body mechanics • Moving and lifting patients 	1.2 2.1 2.2 4.1 4.2
Week 8	<ul style="list-style-type: none"> • Fluid balance and acid base balance 	1.2 2.1 2.2 4.1 4.2
Week 9	<ul style="list-style-type: none"> • Pain assessment • Hygienic care of the patient and Environment 	1.2 2.1 2.2 4.1 4.2
Week 10	<ul style="list-style-type: none"> • Nutrition 	1.2 2.1 2.2 4.1 4.2
Week 11	<ul style="list-style-type: none"> • Bowel habit • Urination 	1.2 2.1 2.2 4.1 4.2
Week 12	<ul style="list-style-type: none"> • Patient safety • Surgical care 	1.2 2.1 2.2 4.1 • 4.2
Week 13	<ul style="list-style-type: none"> • Documentation 	1.2 2.1 2.2 4.1 • 4.2
Week 14	<ul style="list-style-type: none"> • Final exam 	•

Attendance Policy:

Absence from lectures and/or tutorials shall not exceed 15%. Students who exceed the 15% limit without a medical or emergency excuse acceptable to and approved by the Dean of the relevant college/faculty shall not be allowed to take the final examination and shall receive a mark of zero for the course. If the excuse is approved by the Dean, the student shall be considered to have withdrawn from the course.

Textbook:

Judith M.2016. Fundamental of nursing. (3rd). FA.Davis Company.

Kozier & Erb's 2015. Fundamentals of Nursing (10th Edition). Prentice hall.

Barbara J.2019.Canadian fundamental of nursing. (6th) Elsevier.