



**Philadelphia University  
Faculty of Nursing  
Second Semester, 2020/2021**

<b><u>Course Syllabus</u></b>	
<b>Course Title: Fundamental of Nursing / practice</b>	<b>Course code: 0911112</b>
<b>Course Level: 2<sup>nd</sup> year</b>	<b>Course co-requisite: 91111</b>
<b>Clinical Time: Thursday</b>	<b>Credit hours: 2credit hours</b>

<b><u>Academic Staff Specifics</u></b>			
<b>Name</b>	<b>Rank</b>	<b>Office number and location</b>	<b>E-mail address</b>
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## **Course Description:**

**This course provides nursing students with varied and intensive experience in the nursing lab that will provide competency and proficiency in clinical skills. Skills in communication interpersonal relationships, critical thinking and problem solving are emphasized. Concepts of contemporary professional nursing as caring, wellness, health promotion, disease prevention, holistic care are stressed. This course is considered as a faculty requirement for first year students.**

## **Course Objectives:**

**\* At the end of this semester, the student will be able to:**

1. Exhibit competency and proficiency in clinical skills.
2. Utilize communication skills in performing effective interpersonal relationships with clients.
3. Utilize critical thinking in problem solving and decision making.
4. Utilize nursing code of ethics in making moral decision while performing clinical procedure.
5. Utilize nursing process in building effective and holistic client's care plan.
6. Identify basic concepts of infection control.

## **Textbook**

1. Jaudith M.Wilson.(2016):procedure checklists for fundamentals of nursing .(3<sup>rd</sup> ).Davis company.
2. Ruth Craven.(2013) procedure checklists for fundamental of nursing human and health function .(7<sup>th</sup> )Lippincott Williams and Wilkins .

## **Teaching Methods:**

1. lab sessions
2. Discussion
3. Demonstration
4. Role play.
5. Audio-visual (Electronic material such as lippincott procedures checklists, Vsim modules, youtube videos)

## **Learning Outcomes:**

### **1. Knowledge and understanding**

- 1.1Identify basic concepts of infection control
- 1.2Identify basic concepts of vital singses
- 1.3Identify basic concepts of aseptic
- 1.4Identify basic concepts of pt. hygiene
- 1.5Identify basic concepts of pt. feeding & elimination
- 1.6Identify basic concepts of preparing & giving medication

### **2. Intellectual skills**

- 2.1. Utilize critical thinking in problem solving and decision making.
- 2.2 Utilize nursing process in building effective and holistic client's care plan.
- 2.3. Utilize nursing code of ethics in making moral decision while performing clinical procedure.

### **3. Professional and practical skills**

- 3.1. Utilize communication skills in performing effective interpersonal relationships with clients.
- 3.2. Utilize communication skills in performing effective interpersonal relationships with colleges

### **4 Transferable Skills).**

- 4.1Develop basic skills in counting respiration
- 4.2Develop skills in counting pulse from different sites of body.
- 4.3Develop skills in measuring blood pressure.
- 4.4Demonstrate competency in promoting hygienic care for dependent patients
- 4.5Demonstrate competency in bed making (occupied & non-occupied, surgical bed making).
- 4.6Demonstrate competency in collecting body fluid specimens (blood, urine, stool, sputum)
- 4.7Demonstrate competency in wound caring and dressing.
- 4.7Demonstrate competency in caring for Nasogastric tube.
- 4.8Demonstrate competency in applying enema.
- 4.9Demonstrate competency in assisting patient in elimination.
- 4.10Demonstrate competency in administering O2 therapy via different types of masks and nasal cannula.
- 4.11Develop basic skills in administering, caring and removing cannula of I.V therapy.
- 4.12Develop basic skills in caring for intravenous fluids

### **Course Evaluation**

<b>METHOD OF EVALUATION</b>	<b>MARK</b>
<b>Midterm exam (demonstration and oral)</b>	<b>20%</b>
<b>First Quiz (Vital Signs)</b>	<b>10%</b>
<b>Professional appearance and behavior- mid term</b>	<b>10%</b>
<b>Second Quiz (Medication Administration)</b>	<b>10%</b>
<b>Professional appearance and behavior- Final</b>	<b>10%</b>
<b>Final-term exam (demonstration and oral)</b>	<b>30%</b>
<b>Written exam</b>	<b>10%</b>
<b>Total</b>	<b>100%</b>

**\* Make-up exams will be offered for valid reasons only with consent of the Dean. Make-up exams may be different from regular exams in content and format.**

**Attendance Policy:**

**Lab attendance is mandatory. Student is allowed maximally 10% absentia of the total module hours.**

**More than this percentage, student with an excuse will be withdrawn from the module. Otherwise, student will be deprived from the module with zero mark assigned.**

**On average you should expect to spend at least (6) hours per week on this module.**

**Course Academic Calendar**

<b>Week : (Thursday)</b>	<b>Content</b>
<b>Week 1</b>	<b>Orientation and syllabus</b>  <b>Medical Asepsis: Hand Washing Gowning and gloving</b>  <b>Surgical Asepsis</b> <b>- Hand Scrub</b> <b>- Gloving</b> <b>- Gowning</b> <b>- antiseptic solution &amp; Surgical Field</b>
<b>Week 2</b>	<b>Vital signs</b>
<b>Week 3</b>	<b>Vital signs</b> <b>Written Quiz (10 Marks) vital signs</b>
<b>Week 4</b>	<b>Medication administration</b>
<b>Week 5</b>	<b>Medication administration</b> <b>Written Quiz (10 marks) medication</b>
<b>Week 6</b>	<b>Cannulation and Intravenous Infusion</b> <b>Sampling</b>
<b>Week 7</b>	<b>Dressing A wound</b>
<b>Week 8</b>	<b>Nasogastric Tube</b> <b>- Insertion</b> <b>- Gavages</b> <b>- Lavage and Removing</b>
<b>Week 9</b>	<b>Enema and urinary catheterization</b>

<b>Week 10</b>	<b>Patient Hygiene and Back Massage (bathing, nail, feet, eye, oral care Bedpan Bed making</b>
<b>Week 11</b>	<b>Lifting and handling -Mobility (range of motion) and Body mechanism</b>
<b>Week 12</b>	<b>Bandages</b>
	<b>Cold and heat applications</b>
<b>Week 13+14</b>	<b>Final clinical exam Final written exam</b>

***Clinical Evaluation Tool***  
**FUNDAMENTAL OF NURSING –CLINICAL**

***Student's Name:***

***Instructor:***

	<b>ITEM</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>Score</b>
1.	<b>Appearance</b>	<b>Pays little attention to personal appearance</b>	<b>Usually neat</b>	<b>Always neat</b>	
2.	<b>Initiatively</b>	<b>Waits to be told what to do</b>	<b>Usually initiative</b>	<b>Always initiative</b>	
3.	<b>Co-operative</b>	<b>Aggressive with instructor and colleagues</b>	<b>Co-operative with instructor only</b>	<b>Co-operative with instructor and colleagues</b>	
4.	<b>Interpersonal relationship</b>	<b>Poor relationship with tutors, colleagues</b>	<b>Slow in establishing relationship with tutors, colleagues</b>	<b>Good relationship with tutors, colleagues</b>	
5.	<b>Punctuality</b>	<b>Never on time</b>	<b>Usually on time</b>	<b>Always on time</b>	
6.	<b>Knowledge in relation to skills</b>	<b>Display poor knowledge &amp; skills</b>	<b>Display sufficient knowledge &amp; skills</b>	<b>Full and complete correlation of theory and practice</b>	
7.	<b>Reliability &amp; safety</b>	<b>Needs constant supervision</b>	<b>Average attention to details or practice</b>	<b>Reliable and finishes assignment property</b>	
8.	<b>Skill development</b>	<b>Needs constant supervision</b>	<b>Average attention in performing the task</b>	<b>Highly skillful in performing the task</b>	
9.	<b>Leadership skills</b>	<b>poor</b>	<b>Fair</b>	<b>Good</b>	
10.	<b>Acceptance of criticisms</b>	<b>Never</b>	<b>Usually</b>	<b>Always</b>	

**Comments:**

**Signature :**