


Philadelphia University	 PHILADELPHIA UNIVERSITY THE WAY TO THE FUTURE	Approval date: 7/10/2021
Faculty: Nursing		Issue: Summer
Department: Nursing		Credit hours: 3
Academic year 2021/2022		Course Syllabus

Course information

Course#	Course title	Co /Pre-requisite
911212	Health Assessment (Theory)	Course prerequisite(s): <i>Fundamentals of nursing (theory)</i> . Co-requisite(s): <i>Health assessment (clinical)</i>
Course type		Class time
<input type="checkbox"/> University Requirement <input checked="" type="checkbox"/> Faculty Requirement <input checked="" type="checkbox"/> Major Requirement <input type="checkbox"/> Elective <input type="checkbox"/> Compulsory		12:45-2:15 Sunday-Thursday
		Room # 421

Instructor Information

Name	Office No.	Phone No.	Office Hours	E-mail
<i>Dr.Maha Atout</i>	509	2138	12:00-1:00 (Mon.Tues,Wed)	m.atout@philadelphia.edu.jo

Course Delivery Method

Course Delivery Method			
<input checked="" type="checkbox"/> Physical		<input type="checkbox"/> Online	
		<input type="checkbox"/> Blended	
Learning Model			
Precentage	Synchronous	Asynchronous	Physical
			100

Course Description

This course provides theoretical foundation for health assessment, physical examination and clinical experience for implementing knowledge in practice setting. Students will learn methods and techniques of interviewing, history taking, physical examination, with an emphasis on adults, utilizing the skills of history taking, examination, palpation, percussion, and auscultation. This course examines the typical and common deviations from normal in each of the major bodily systems.

Course Learning Outcomes

Learning Resources

Course textbook	Jarvis, C. (2020). Physical Examination and Health Assessment (8th Edition). Philadelphia, PA: Evolve.
Supporting References	<ul style="list-style-type: none"> • Weber, J. Kelley, J. (2013). Health Assessment in Nursing (5th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins. • Hogan-Quigley, B. Palm, L. Bickley, L. (2014). Bates' Nursing guide to physical examination and history taking 11th th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins.
Supporting websites	https://evolve.elsevier.com/cs/product/9780323609395?role=student
Teaching Environment	<input checked="" type="checkbox"/> Classroom <input type="checkbox"/> laboratory <input type="checkbox"/> Learning platform <input type="checkbox"/> Other

Intended learning outcomes

Number	Learning Outcomes	Learning Method	Assessment Method
Knowledge			
K1	<ul style="list-style-type: none"> • Identify principles of history taking in the assessment process of individuals. • Understand the proper techniques for conducting health assessments for adult patients 	<ul style="list-style-type: none"> • Interactive lectures • PowerPoint presentations • Video demonstration 	Exams and quizzes Assessment sheet (assignment)
K2	<ul style="list-style-type: none"> • Compare and contrast the nurse's roles and responsibilities during the health assessment and promotion processes. • Distinguish between normal and abnormal findings on health assessments. 	<ul style="list-style-type: none"> • Role play • Critical thinking activities • Case study discussions • Video demonstration 	Exam Homework discussion
Skills			
S1	Conduct a health history, taking into account environmental exposure and family history, in order to detect present and prospective health problems.	<ul style="list-style-type: none"> • PowerPoint presentations • Video 	Exam and assignments Homework, Quiz
S2	Demonstrate the essential abilities for		

	documenting the findings of health assessments.	demonstration	
S3	Utilize health assessment skills within a variety of settings.	<ul style="list-style-type: none"> Case study discussions 	
C1	Facilitate excellent communication skills in order to maintain a comfortable and healthy work environment.	<ul style="list-style-type: none"> Interactive lectures Role play 	In class assignment
C2	Apply leaderships skills and decision-making abilities in a range of contexts while applying health assessment approaches.		Videotaped assignment

Meetings and subjects timetable

Week	Topic	Learning Methods	Evaluation method	Learning material
Week 1	<ul style="list-style-type: none"> Safety precaution regarding to COVID-19 Orientation to the course The interview 	<ul style="list-style-type: none"> Lecture Role play 	Midexam	Chapter 3/ unit 1
Week 2	<ul style="list-style-type: none"> The complete health history Assessment techniques and clinical settings 	<ul style="list-style-type: none"> Lecture Video demonstration & discussion Role play 	Midterm exam, Complete health history sheet (assignment)	Chapter 4/ unit 1 Chapter 8/ unit 2
Week 3	<ul style="list-style-type: none"> General survey: measurements, and vital signs 	<ul style="list-style-type: none"> Lecture 	Midterm exam,	Chapter 9/ unit 2
	<ul style="list-style-type: none"> Pain assessment: the fifth vital signs 	<ul style="list-style-type: none"> Lecture Video demonstration & discussion Case study demonstration 	Midterm exam Quiz	Chapter 10/ unit 2

Week 4	<ul style="list-style-type: none"> • Skin, hair and nails 	<ul style="list-style-type: none"> • Lecture • Video demonstration & discussion 	Midterm exam,	Chapter 12/ unit 3
Week 5& 6 & 7	<ul style="list-style-type: none"> • Head, face, and neck including regional lymphatics 	<ul style="list-style-type: none"> • Lecture • Video demonstration & discussion 	Midterm exam, Assignments and final exam	Chapter 13- chapter 16 / Unit 3
	<ul style="list-style-type: none"> • Eye Assessment 	<ul style="list-style-type: none"> • Lecture • Video demonstration & discussion • Case study demonstration 	Midterm exam, assignments and final exam	
	<ul style="list-style-type: none"> • Ear assessment 	<ul style="list-style-type: none"> • Lecture • Video demonstration & discussion 	Final Exam	
	<ul style="list-style-type: none"> • Nose, mouth and throat 	<ul style="list-style-type: none"> • Lecture • Video demonstration & discussion 	Final Exam	
Mid-term exam				
Week 8	<ul style="list-style-type: none"> • Thorax and lungs 	<ul style="list-style-type: none"> • Lecture • Video demonstration & discussion 	Final Exam	Chapter 18/ unit 3
Week 9	<ul style="list-style-type: none"> • Heart and neck vessels 	<ul style="list-style-type: none"> • Lecture • Video demonstration & discussion 	Final Exam	Chapter 19/ unit 3

Week 10	<ul style="list-style-type: none"> Peripheral vascular system and vascular system 	<ul style="list-style-type: none"> Lecture 	Final Exam Videotape assignment	Peripheral vascular system and vascular system
Week 11&12	<ul style="list-style-type: none"> Abdominal Assessment 	<ul style="list-style-type: none"> Lecture Video demonstration & discussion 	Final Exam	Chapter 21/ unit 3
Week 13	<ul style="list-style-type: none"> Musculoskeletal Assessment 	<ul style="list-style-type: none"> Lecture Video demonstration & discussion 	Final Exam	Chapter 22/ unit 3
Week 14 & 15	<ul style="list-style-type: none"> Neurological Assessment 	<ul style="list-style-type: none"> Lecture Video demonstration & discussion 	Final Exam Complete Health assessment sheet (assignment)	Chapter 23/ unit 3
Week 16	<ul style="list-style-type: none"> Review 	<ul style="list-style-type: none"> Lecture Video demonstration & discussion 	Final Exam	
Final Exam				

Course Contributing to Learner Skill Development

Using Technology
Utilize evidence based practice in providing care for individuals, families, and groups
Communication skills
Self-reflection, friendliness, confidence, empathy, respect, responsiveness, morality.
Application of concepts learnt
Apply leadership and lifelong learning skills such as

Assessment Methods and Grade Distribution

Assessment Methods	Grade Weight	Assessment Time (Week No.)	Link to Course Outcomes
Mid Term Exam	% 30	8 th week	K1,K2,S1,S2
Various Assessments *	% 30	Overall course duration	S1, S2, C1,C2
Final Exam	% 40	16 th week	K1,K2,S2,S3,C1
Total	%100		

* includes: quiz, in class and out of class assignment, presentations , reports, videotaped assignment, group or individual projects.

Alignment of Course Outcomes with Learning and Assessment Methods

Course Polices

Policy	Policy Requirements
Passing Grade	The minimum passing grade for the course is (50%) and the minimum final mark recorded on transcript is (35%).
Missing Exams	<ul style="list-style-type: none"> • Missing an exam without a valid excuse will result in a zero grade to be assigned to the exam or assessment. • A Student who misses an exam or scheduled assessment, for a legitimate reason, must submit an official written excuse within a week from the an exam or assessment due date. • A student who has an excuse for missing a final exam should submit the excuse to the dean within three days of the missed exam date.
Attendance	The student is not allowed to be absent more than (15%) of the total hours prescribed for the course, which equates to six lectures days (M, W) and seven lectures (S,T,R). If the student misses more than (15%) of the total hours prescribed for the course without a satisfactory excuse accepted by the dean of the faculty, s/he will be prohibited from taking the final exam and the grade in that course is considered (zero), but if the absence is due to illness or a compulsive excuse accepted by the dean of the college, then withdrawal grade will be recorded.
Academic Honesty	Philadelphia University pays special attention to the issue of academic integrity, and the penalties stipulated in the university's instructions are applied to those who are proven to have committed an act that violates academic integrity, such as: cheating, plagiarism (academic theft), collusion, and violating intellectual property rights.

Program Learning Outcomes to be assessed in this Course

Number	Learning Outcome	Course Title	Assessment Method	Target Performance level
KP1	To equip nursing students with theoretical knowledge of nursing science with the aim of promoting and maintaining health, and preventing diseases, at all levels of health care	Health Assessment Theory	Short exam	90 % of students get 60% or above from the exam marks
Sp2	Enable students to apply the gained nursing care skills, including the physiological, psychological and social integrity of health care recipients.	Health Assessment Theory	Short exam	90 % of students get 60% or above from the exam marks

Description of Program Learning Outcome Assessment Method

Number	Detailed Description of Assessment
K1	Short exam will be done at 2 th year with exam of training course
SP2	Short exam will be done at 2 th year with exam of training course