



Philadelphia University
Faculty of Nursing
Health Assessment Syllabus
2nd Semester, 2020/2021

Course Syllabus	
Course Title: Health Assessment (Theory)	Course code: 911212
Course Level: 2nd year	Course prerequisite(s): Fundamentals of nursing (theory). Co-requisite(s): Health assessment (clinical)
Date and Time: Monday, Wednesday 11:15 AM – 12:45 PM (Adjustable)	Credit hours: 3 Credit hours

✚ **Course Coordinator:** Maha Atout RN, MSN, PhD

Faculty	Rank	Office Number and Location	Office Hours	E-mail Address
Maha Atout RN, PhD	Assistant Professor	Microsoft Teams	<ul style="list-style-type: none">• Monday 12:30-2:30• Wednesday 9:00 AM-11:00 AMThursday 11:00AM -1:00 PM	m.atout@philadelphia.edu.jo mahaatout2019@gmail.com Phone no. 0799011304

✚ **Course Description:**

This course provides theoretical foundation for health assessment, physical examination and clinical experience for implementing knowledge in practice setting. Students will learn methods and techniques of interviewing history taking, physical examination, common and important symptoms. Assessment of mental status will also be included. Finally, critical thinking skills are applied to analysis of data for identifying nursing and collaborative problems.

✚ Intended learning outcomes (ILOs):

Upon completion of this course, student will be able to:

1. Knowledge and Understanding

- 1.1. Identify principles of history taking in the assessment process of individuals.
- 1.2. Recall needed information related to anatomy and physiology of the body systems
- 1.3. Identify the basic techniques used during health assessment
- 1.4. Articulate appropriate health promotion and health prevention plans according to the findings of the health assessment

2. Intellectual Skills

- 2.1. Compare and contrast the roles and responsibilities of the nurse in the process of health assessment and health promotion.
- 2.2. Differentiate between normal and abnormal findings of each body systems performed.
- 2.3. Utilizing critical thinking skills to analyze data for assess patients' health and collaborative problems.

3. Practical skills

- 3.1. Conduct a health history, including environmental exposure and a family history that recognizes genetic risks, to identify current and future health Problems.
- 3.2. Demonstrate physical examination skills including focused physical, behavioral, psychological, socioeconomic, and environmental assessments of health and illness parameters in patients, using developmentally and culturally appropriate approaches and according to established criteria.
- 3.3. Document problems and needs in individuals from data discovered during the health history and physical examination.

4. Transferable Skills/ creativity/ Evaluation

- 4.1. Use critical thinking, decision-making skills in the application of health assessment

techniques in a variety of settings.

4.2. Facilitate effective communication skills to ensure comfort and healthy atmosphere.

4.3. Utilize health assessment skills within a variety of settings.

Teaching Methods

- * Interactive lectures
- * Case study discussions
- * PowerPoint presentations
- * Students assignments
- * Video demonstration
- * Role play
- * Critical thinking activities

Assessment Instruments:

Modes of Assessment:	Score
Mid-term exam	30 Points
Assignment / Quizzes/ Case studies/ Activities	20 Points
Final Exam (written.)	50 Points
Total	100 Points

Required book

Jarvis, C. (2016). Physical Examination and Health Assessment (7th Edition). Philadelphia, PA: Evolve.

Recommended books

- Weber, J. Kelley, J. (2013). Health Assessment in Nursing (5th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins.
- Hogan-Quigley, B. Palm, L. Bickley, L. (2014). Bates' Nursing guide to physical examination and history taking 11th th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins.

Attendance Policy:

Absence from lectures and/or tutorials shall not exceed 15%. Students who exceed the 15% limit without a medical or emergency excuse acceptable to and approved by the Dean of the relevant college/faculty shall not be allowed to take the final examination and shall receive a mark of zero for the course. If the excuse is approved by the Dean, the student shall be considered to have withdrawn from the course.

Documentation and Academic Honesty

Please, submit your homework covered with a sheet containing your name, number, course title and number, and type of the home work (e.g. case study, assignment, and report). Any completed homework must be handed in to **my office (room 509/second floor) by 16:00 PM** on the due date. If I was not in my office, you can submit the homework to the dean's secretary who will protect them inside my post office. After the deadline, the grade will be decrease one mark every day late.

Avoiding Plagiarism.

1. Unacknowledged direct copying from the work of another person, or the close paraphrasing of somebody else's work, is called plagiarism and is a serious offence, equated with cheating in examinations. This applies to copying both from other students' work and from published sources such as books, reports or journal articles.
2. Paraphrasing, when the original statement is still identifiable and has no acknowledgement, is plagiarism. A close paraphrase of another person's work must have an acknowledgement to the source. It is not acceptable for you to put together unacknowledged passages from the same or from different sources linking these together with a few words or sentences of your own and changing a few words from the original text: this is regarded as over-dependence on other sources, which is a form of plagiarism.
3. Direct quotations from an earlier piece of your own work, if not attributed, suggest that your work is original, when in fact it is not. The direct copying of one's own writings qualifies as plagiarism if the fact that the work has been or is to be presented elsewhere is not acknowledged.
4. Plagiarism is a serious offence and will always result in imposition of a penalty. In deciding upon the penalty the Department will take into account factors such as the year of study, the extent and proportion of the work that has been plagiarized, and the apparent intent of the student. The penalties that can be imposed range The penalties that can be imposed range

from a minimum of a zero mark for the work (without allowing resubmission) through caution to disciplinary measures (such as suspension or expulsion).

 **Course Contents**

Week	Subject	ILOCS	EVALUATION METHODS	REFERENCE UNITE/CHAPTER	
Week one	Safety precaution regarding to COVID-19 Orientation to the course The interview	1.1, 1.2, 1.3,1.4, 2.1, 2.2, 2.3, 3.1, 3.2, 3.3, 4.1, 4.2, 4.3,	First exam, Assignments and final exam	Chapter 3/ unit 1	
Week 2	The complete health history Assessment techniques and clinical settings			Chapter 4/ unit 1 Chapter 8/ unit 2	
Week 3	General survey: measurements, and vital signs Pain assessment: the fifth vital signs			Chapter 9/ unit 2 Chapter 10/ unit 2	
Week 4	Skin, hair and nails			Chapter 12/ unit 3	
Week 5& 6 & 7	Head, face, and neck including regional lymphatics Eye Assessment Ear assessment Nose, mouth and throat			Second exam, assignments and final exam	Chapter 13- chapter 16 / Unit 3
Mid-term exam					
Week 8	Thorax and lungs			Chapter 18/ unit 3	

Week 9	Heart and neck vessels			Chapter 19/ unit 3
Week 10	Peripheral vascular system and vascular system			Chapter 20/ unit 3
Week 11&12	Abdominal Assessment		Final exam	Chapter 21/ unit 3
Week 13	Musculoskeletal Assessment			Chapter 22/ unit 3
Week 14 & 15	Neurological Assessment			Chapter 23/ unit 3
Week 16	Review			
	Final Exam			