


Philadelphia University	 <b>PHILADELPHIA UNIVERSITY</b> THE WAY TO THE FUTURE	Approval date:
Faculty: Nursing		Issue: Summer
Department: Nursing		Credit hours: 3
Academic year 2021/2022		Course Syllabus

### Course information

Course#	Course title	Co /Pre-requisite	
911218	Health Assessment (Clinical)	<i>Co-requisite(s): Health assessment (clinical)</i>	
Course type		Class time	Room #
<input type="checkbox"/> University Requirement <input checked="" type="checkbox"/> Faculty Requirement <input checked="" type="checkbox"/> Major Requirement <input type="checkbox"/> Elective <input type="checkbox"/> Compulsory		Mon. Wed. 8:15-12:45	Health assessment Lab 3 <sup>rd</sup> floor

### Instructor Information

Name	Office No.	Phone No.	Office Hours	E-mail
<i>Mrs. Awad Khawaldeh</i>	521, 2 <sup>nd</sup> floor faculty of nursing	2189		<a href="mailto:awad.khawaldeh@yahoo.com">awad.khawaldeh@yahoo.com</a>
<i>Dr.Maha Atout</i>	509 Second floor, faculty of nursing	2138		<a href="mailto:m.atout@philadelphia.edu.jo">m.atout@philadelphia.edu.jo</a>

### Course Delivery Method

Course Delivery Method			
<input checked="" type="checkbox"/> Physical <input type="checkbox"/> Online <input type="checkbox"/> Blended			
Learning Model			
Precentage	Synchronous	Asynchronous	Physical
			100

## Course Description

This course provides a clinical basis for health assessment and physical examination, as well as hands-on clinical experience for applying information in a clinical context to practice. Students will learn the procedures and techniques for interviewing, history gathering, physical examination, and recognizing and documenting common and important symptoms during their studies.

## Course Learning Outcomes

### Learning Resources

Course textbook	Jarvis, C. (2020). <i>Physical Examination and Health Assessment</i> (8th Edition). Philadelphia, PA: Evolve.
Supporting References	<ul style="list-style-type: none"> <li>• Weber, J. Kelley, J. (2013). <i>Health Assessment in Nursing</i> (5th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams &amp; Wilkins.</li> <li>• Hogan-Quigley, B. Palm, L. Bickley, L. (2014). <i>Bates' Nursing guide to physical examination and history taking</i> 11th th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams &amp; Wilkins.</li> </ul>
Supporting websites	<a href="https://evolve.elsevier.com/cs/product/9780323609395?role=student">https://evolve.elsevier.com/cs/product/9780323609395?role=student</a>
Teaching Environment	<input type="checkbox"/> Classroom <input checked="" type="checkbox"/> laboratory <input type="checkbox"/> Learning platform <input type="checkbox"/> Other

### Intended learning outcomes

Learning Outcomes	Corresponding Program outcomes
Demonstrate an understanding of the proper techniques for conducting health assessments for adult patients	Kp1
Demonstrate an ability to distinguish between normal and abnormal findings on health assessments.	Kp2
To distinguish between normal and abnormal findings on health assessments.	Kp2
Apply a health history, taking into account environmental exposure and family history, in order to detect present and prospective health problems.	Sp2
Demonstrate the essential abilities for documenting the	Sp2

findings of health assessments.	
utilize health assessment skills within a variety of settings.	Sp1
demonstrate effective communication skills in order to ensure a safe and comfortable work environment.	Cp3

### Meetings and subjects' timetable

Week	Topic	Learning Methods	Evaluation method	Learning material
Week 1	<ul style="list-style-type: none"> <li>Safety precaution regarding to COVID-19</li> <li>Introduction to the vision and mission of nursing school</li> </ul>	Lecture Group discussion	Midexam	Textbook
Week 2	<ul style="list-style-type: none"> <li>Patient interview "collecting of subjective and objective data and Techniques of physical exam</li> </ul>	<ul style="list-style-type: none"> <li>Lecture</li> <li>Demonstration &amp; redemonstration</li> <li>Role play</li> </ul>	Midterm exam,	Textbook
Week 3	Assessment of Skin. Hair .and Nail	<ul style="list-style-type: none"> <li>Lecture</li> <li>Demonstration &amp; redemonstration</li> </ul>	Midterm exam,	Textbook
Week 4	assessment of head and neck	<ul style="list-style-type: none"> <li>Lecture</li> <li>Demonstration &amp; redemonstration</li> </ul>	Midterm exam Quiz	Textbook
Week 5	Assessment of Eye and Ear. mouth, throat and nose	<ul style="list-style-type: none"> <li>Lecture</li> <li>Video demonstration &amp; discussion</li> <li>Demonstration &amp; redemonstration</li> </ul>	Midterm exam Clinical quiz	Textbook

Week 6	Assessment of the thorax anterior and posterior.	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Video demonstration &amp; discussion</li> <li>• Demonstration &amp; redemonstration</li> </ul>	Midterm exam, and final exam	Textbook
Week 7	Assessment of the heart	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Case study demonstration</li> <li>• Demonstration &amp; redemonstration</li> </ul>	Midterm exam, final exam	Textbook
Week 8	Assessment of the peripheral vascular system.	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Video demonstration &amp; discussion</li> <li>• Demonstration &amp; redemonstration</li> </ul>	Midterm exam	Textbook
<b>Mid-term exam</b>				
Week 8	Physical assessment of the abdomen.	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Demonstration &amp; redemonstration</li> </ul>	Final Exam	Textbook
Week 9	.Physical assessment of the abdomen.	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Demonstration &amp; redemonstration</li> </ul>	Final Exam	Textbook
Week 10	• Assessment of muscle & skeletal systems	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Demonstration &amp; redemonstration</li> </ul>	Final Exam	Textbook

Week 11	<ul style="list-style-type: none"> <li>Assessment of muscle &amp; skeletal systems</li> </ul>	<ul style="list-style-type: none"> <li>Lecture</li> <li>Video demonstration &amp; discussion</li> </ul>	Final Exam	Textbook
Week 12	<ul style="list-style-type: none"> <li>Assessment of muscle &amp; skeletal systems</li> </ul>	<ul style="list-style-type: none"> <li>Lecture</li> <li>Demonstration &amp; redemonstration</li> </ul>		Textbook
Week 13	<ul style="list-style-type: none"> <li>Assessment of the nervous systems and mental health</li> </ul>	<ul style="list-style-type: none"> <li>Lecture</li> <li>Video demonstration &amp; discussion</li> <li>Case study discussion</li> </ul>	Final Exam	Textbook
Week 14	<ul style="list-style-type: none"> <li>Assessment of the nervous systems</li> </ul>	<ul style="list-style-type: none"> <li>Lecture</li> <li>Demonstration &amp; redemonstration</li> </ul>	Final Exam	Textbook
Week 15	<ul style="list-style-type: none"> <li>Assessment of the nervous systems and mental health</li> </ul>	<ul style="list-style-type: none"> <li>Lecture</li> <li>Video demonstration &amp; discussion</li> <li>Case study discussion</li> </ul>	Final Exam	Textbook
Week 16	Review	<ul style="list-style-type: none"> <li>Lecture</li> <li>demonstration &amp; discussion</li> </ul>	Final Exam	Textbook
<b>Final Exam</b>				

### Course Contributing to Learner Skill Development

Using Technology

Utilize evidence based practice in providing care for individuals, families, and groups
Communication skills
Self-reflection, friendliness, confidence, empathy, respect, responsiveness, morality.
Application of concepts learnt
Apply leadership and lifelong learning skills such as

### Assessment Methods and Grade Distribution

Assessment Methods	Grade Weight	Assessment Time (Week No.)	Link to Course Outcomes
Mid Term Exam	% 30	<sup>8th</sup> week	K1,K2,S1, S2
Various Assessments *	% 30	Overall course duration	C2, S1, S2
Final Exam	% 40	<sup>16th</sup> week	K1,K2,S1, S2
<b>Total</b>	<b>%100</b>		

\* includes: quiz, in class and out of class assignment, presentations , reports, videotaped assignment, group or individual projects.

### Alignment of Course Outcomes with Learning and Assessment Methods

Number	Learning Outcomes	Learning Method*	Assessment Method**
<b>Knowledge</b>			
<b>K1</b>	Demonstrate an understanding of the proper techniques for conducting health assessments for adult patients	Lecture, demonstration and redemonstration Video discussion	<b>Clinical exam Quizzes</b>
<b>K2</b>	Demonstrate an ability to distinguish between normal and abnormal findings on health assessments.	Lecture, demonstration and redemonstration Video discussion	<b>Clinical Exam Quizzes</b>
<b>K3</b>	To distinguish between normal and abnormal findings on health assessments.	Lecture, demonstration and redemonstration Video discussion	<b>Clinical exam Quizzes</b>
<b>Skills</b>			
<b>S1</b>	Apply a health history, taking into account environmental exposure and family history, in order to detect present and prospective health problems.	Lecture, demonstration and redemonstration Video discussion	<b>Clinical exam Quizzes</b>

<b>S2</b>	Demonstrate the essential abilities for documenting the findings of health assessments.	Lecture, demonstration and redemonstration Video discussion	<b>Clinical exam Quizzes</b>
<b>S3</b>	Utilize health assessment skills within a variety of settings.	Lecture, demonstration and redemonstration Video discussion	<b>Clinical exam Quizzes</b>
<b>Competencies</b>			
<b>C1</b>	Demonstrate effective communication skills in order to ensure a safe and comfortable work environment.	Demonstration & redemonstration	<b>Daily Evaluation for Lab Sessions Professionalism</b>

\* includes: Lecture, flipped Class, project- based learning , problem solving based learning, collaborative learning

\*\* includes: quiz, in class and out of class assignment , presentations , reports, videotaped assignment, group or individual projects.

### Course Polices

Policy	Policy Requirements
<b>Passing Grade</b>	The minimum passing grade for the course is (50%) and the minimum final mark recorded on transcript is (35%).
<b>Missing Exams</b>	<ul style="list-style-type: none"> <li>• Missing an exam without a valid excuse will result in a zero grade to be assigned to the exam or assessment.</li> <li>• A Student who misses an exam or scheduled assessment, for a legitimate reason, must submit an official written excuse within a week from the an exam or assessment due date.</li> <li>• A student who has an excuse for missing a final exam should submit the excuse to the dean within three days of the missed exam date.</li> </ul>
<b>Attendance</b>	The student is not allowed to be absent more than (15%) of the total hours prescribed for the course, which equates to six lectures days (M, W) and seven lectures (S,T,R). If the student misses more than (15%) of the total hours prescribed for the course without a satisfactory excuse accepted by the dean of the faculty, s/he will be prohibited from taking the final exam and the grade in that course is considered (zero), but if the absence is due to illness or a compulsive excuse accepted by the dean of the college, then withdrawal grade will be recorded.
<b>Academic Honesty</b>	Philadelphia University pays special attention to the issue of academic integrity, and the penalties stipulated in the university's instructions are applied to those who are proven to have committed an act that violates academic integrity, such as: cheating, plagiarism (academic theft), collusion, and violating intellectual property rights.

**Program Learning Outcomes to be assessed in this Course**

<b>Number</b>	<b>Learning Outcome</b>	<b>Course Title</b>	<b>Assessment Method</b>	<b>Target Performance level</b>
<b>SP2</b>	Enable students to apply the gained nursing skills including the physiological, psychological and social integrity of health care recipients	<b>Health Assessment (clinical)</b>	<b>Demonstration</b>	90 % of students get 60% or above from the exam marks
<b>Cp3</b>	Apply the gained soft skills (e.g. team work, effective communication, and stress, conflict and time management) with peers, individuals, families, and groups,	<b>Health Assessment (clinical)</b>	<b>Demonstration</b>	<b>% of students get a good grade in the employer survey</b>

**Description of Program Learning Outcome Assessment Method**

<b>Number</b>	<b>Detailed Description of Assessment</b>
<b>SP2</b>	<b>%90 of students get 60% or above from the exam marks</b>
<b>Cp3</b>	<b>%100 of students get a good grade in the employer survey</b>