


<b>Philadelphia University</b>	 <b>PHILADELPHIA UNIVERSITY</b> <small>THE WAY TO THE FUTURE</small>	<b>Approval date:</b>
<b>Faculty: Nursing</b>		<b>Issue: Summer</b>
<b>Department: Nursing</b>		<b>Credit hours: 3</b>
<b>Academic year 2021/2022</b>		<b>Bachelor</b>

### Course information

Course#	Course title	Co /Pre-requisite
<b>091122200</b>	<b>Adult health nursing 1- Clinical</b>	<b>Adult health nursing 1</b>
<b>Course type</b> <input type="checkbox"/> University Requirement <input checked="" type="checkbox"/> Faculty Requirement <input checked="" type="checkbox"/> Major Requirement <input type="checkbox"/> Elective <input type="checkbox"/> Compulsory		<b>Class time</b> <b>Sunday – Tuesday</b> <b>08:-00 - 14:00</b>
		<b>Room #</b> <b>Clinical setting</b>

### Instructor Information

Name	Office No.	Phone No.	Office Hours	E-mail
<b>Dr. Hayat S. Abu-Shaikha</b>	<b>3<sup>rd</sup> floor</b>		<b>9:00-11:00 Thursday</b>	<b>habushaikha@philadelphia.edu.jo</b>
<b>Mrs. Nisreen Musallami</b>	<b>1<sup>st</sup> floor</b>		<b>9:00-11:00 Thursday</b>	<b>nalmusallami@philadelphia.edu.jo</b>

### Course Delivery Method

Course Delivery Method			
<input checked="" type="checkbox"/> Physical	<input type="checkbox"/> Online	<input type="checkbox"/> Blended	
Learning Model			
Precentage	Synchronous	Asynchronous	Physical
			<b>100 %</b>

### Course Description

This course is designed to provide nursing students with the basic knowledge and skills required to care competently and safely for adult patients with different medical and surgical conditions. Nursing process as a mean of maintaining physiological, psychological, and socio-cultural integrity is applied. Critical analysis of patient's data and responses to nursing interventions are emphasized. communication skills, critical thinking, decision making, psychomotor skills, teaching-learning principles, keeping updated with current literature, and moral principles are emphasized

## Course Learning Outcomes

	Number	Outcomes MHN	Corresponding Program outcomes
<b>Knowledge</b>			
<b>1</b>	<b>K1</b>	Analyze the actual clinical patient cases in the clinical settings based on the learned theoretical knowledge in the class	KP1, KP2
<b>Skills</b>			
<b>2</b>	<b>S1</b>	Implement nursing care through the utilization of nursing process	SP1
<b>3</b>	<b>S2</b>	Demonstrate effective communication skills with peers, individuals, families, and health care team	SP2
<b>4</b>	<b>S3</b>	Complete the appropriate documentation of adult patients nursing care	SP1
<b>Competencies</b>			
<b>5</b>	<b>C1</b>	Apply the appropriate values and ethical principles when caring for adult patients and their significant others	CP3,

## Learning Resources

Course textbook	Brunner & Suddarth's Textbook of Medical-Surgical Nursing by Janice L Hinkle and Kerry H Cheever. Publisher: Lippincott Williams & Wilkins. 12th edition 2019.
Supporting References	<ul style="list-style-type: none"> <li>• Brunner &amp; Suddarth's Textbook of Medical-Surgical Nursing by Janice L Hinkle and Kerry H Cheever. Publisher: Lippincott Williams &amp; Wilkins. 14th edition 2021</li> <li>• Lewis medical surgical nursing-assessment and management of clinical problems. 11th editin 2020</li> <li>• Handbook for Brunner and Suddarth's Textbook of Medical-surgical Nursing Suzann Smeltzer. 2010</li> <li>• LIPPINCOTT MANUAL OF NURSING PRACTICE 10ed 2014 <a href="https://t.me/my_waysal_nur/718">https://t.me/my_waysal_nur/718</a></li> <li>• MOSBY'S Manual of Diagnostic and Laboratory Tests 6ed 2018</li> <li>• <a href="https://t.me/my_waysal_nur/699">https://t.me/my_waysal_nur/699</a></li> </ul>
Supporting websites	<a href="http://www.nursing.com">www.nursing.com</a> <a href="http://www.learning_nurse">www.learning_nurse</a> Nurse Zone student nurse
Teaching Environment	<input type="checkbox"/> Classroom <input checked="" type="checkbox"/> laboratory <input type="checkbox"/> Learning platform <input checked="" type="checkbox"/> Other hospital

## Meetings and subject timetable

Week	Topic	Learning Methods	Tasks	Learning Material
1	<ul style="list-style-type: none"> <li>Vision, mission, and values of faculty</li> <li>Introduction to the course syllabus</li> <li>Lab orientation</li> </ul>	Lecture  Interactive discussion		
19/10/2021 1	Holiday			
2	lab orientation <ul style="list-style-type: none"> <li>Review nursing process and how to write a nursing care plan</li> </ul>	Discussion  Handouts	Assignment	Textbook Selected teaching material
	lab orientation <ul style="list-style-type: none"> <li>Revision of the Vital signs, infection control,</li> <li>Revision of some basic skills in the lab</li> </ul>	Hands on training	Quiz and lab evaluation	Textbook Selected teaching material



4	<ul style="list-style-type: none"> <li>• Case Assignment (Surgical case) : appendicitis, cholecystitis, cholilithiasis; Hernia, abscess, cellulites, deep venous thrombosis, venous ulcers, lower limb ischemia, diabetic foot ulcers, gastric</li> <li>• Apply pain assessment</li> <li>• Preparation for surgical procedures and post- operative care</li> <li>• Distribute assignments with due dates to students to discuss the prevention of falling, pressure ulcer, thrombosis, and bleeding during hospitalization. Students are expected to deliver a handwritten material to their instructor. (safe and effective care environment))</li> </ul>	<p>Clinical practice</p> <p>Bedside discussion</p> <p>Problem solving based learning</p>	<p>Clinical evaluation</p> <p>Assignment</p>	<p>Textbook</p> <p>Videos Textbook</p>
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5	<ul style="list-style-type: none"> <li>• Case assignment (Respiratory)</li> <li>• IV care, IV complications, intake, and output charting</li> <li>• Gradually integrate the following skills: starting an Intravenous Infusion; changing intravenous container, tubing, and dressing; and discontinue intravenous infusion (students should refer to skill manual for steps and safety points).</li> <li>• those three skills will be repeated until students master them completely during the coming three weeks.</li> </ul> <p>(physiological integrity)</p> <ul style="list-style-type: none"> <li>• assessment &amp; nursing care</li> <li>• Students are expected to review skin, head, eyes, neck at home and apply in clinical area</li> <li>• Apply general preoperative and postoperative care</li> </ul>	<p>Clinical practice</p> <p>Group discussion</p> <p>problem solving based learning,</p>	<p>Clinical evaluation</p> <p>Procedure quiz</p> <p>Midterm exam</p>	<p>Procedure manual</p> <p>Video at home</p> <p>Textbook</p>
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6	<ul style="list-style-type: none"> <li>Case assignment (Hypertension)</li> <li>Introduce nasal cannula, simple face mask, deep breathing, and coughing exercise</li> <li>Start medications and explain medication rights</li> <li>Discuss and apply diagnostic tests: CBC, KFT, LFT, Cardiac enzymes, coagulation profile, lipid profile, electrolytes, pancreatic test, fasting blood sugar, random blood sugar and HBA1c</li> </ul>	<p>Group discussion</p> <p>Clinical practice</p> <p>Problem solving based education</p> <p>Bedside discussion</p>	<p>Nursing Care Plan</p> <p>Clinical evaluation</p> <p>procedure quiz</p> <p>Exams</p>	<p>Textbook</p> <p>Procedure manual</p>
7	<ul style="list-style-type: none"> <li>Midterm Exam</li> </ul>	Case study and procedure		
8	<ul style="list-style-type: none"> <li>Case assignment (arterial disorders)</li> <li>Help some patients with their self-care activities like walking, feeding, dressing, toileting with special attention to safety measures.</li> <li>starting point for the skills of nasogastric tube care, colostomy care, urine sample. While reinforce medication</li> </ul>	<p>Clinical practice</p> <p>Bedside discussion</p>	Final Exams	<p>Textbook</p> <p>Procedure manual</p>

9	<ul style="list-style-type: none"> <li>Case assignment (Diabetes mellitus)</li> <li>Practice gluco-check and administration of different types of insulin</li> <li>While reinforce medication administration skills</li> </ul>	Clinical practice	Assignment  Clinical evaluation	Textbook
10	<ul style="list-style-type: none"> <li>Case assignment (GI)</li> <li>Drains: types and care and wound assessment.</li> <li>Continue skill reinforcement with special safety focus</li> </ul>	Bedside discussion	Clinical evaluation  Nursing Care Plan  Final exam	Textbook
11	<ul style="list-style-type: none"> <li>Case assignment (Hematologic disease)</li> <li>Continue with the skills of nasogastric tube care, colostomy care, urine sample.</li> <li>While reinforce medication</li> </ul>	Clinical training	Clinical evaluation  Final exam	Text book
12	<ul style="list-style-type: none"> <li>Case assignment (Renal disease )</li> <li>Renal problems care: urinary tract infection and renal stones; and renal failure</li> <li>health education and discharge planning</li> </ul>	Clinical training  Discussion And visit to the dialysis unit problem based learning	Final exam	Text book
9/1/2022	<ul style="list-style-type: none"> <li>Case Assignment</li> </ul>	Problem	Final exam	Textbook



13	(Orthopedic ) <ul style="list-style-type: none"> <li>• Provide care for patient with orthopedic problems</li> <li>• Care for patients with casts, tractions</li> <li>• health education and discharge planning</li> </ul>	solving based learning  Clinical training		
11/1/2022  13	<b>Final oral exam</b>	Case study and procedure		
16/1/2022  14	<b>Final oral exam</b>	Case study and procedure		
15	<b>Final written Exam</b>			

\* includes: Lecture, flipped Class, project- based learning, problem solving based learning, collaborative learning

☐ Online session

### Course Contributing to Learner Skill Development

Using Technology
Use data-bases and platforms effectively to support evidence based knowledge and practice
Communication skills
Self-reflection, friendliness, confidence, empathy, respect, responsiveness, morality.
Application of concepts learnt
Apply leadership and lifelong learning skills

## Assessment Methods and Grade Distribution

Assessment Methods	Grade Weight	Assessment Time (Week No.)	Link to Course Outcomes
Mid Term Exam	% 30	<sup>7th</sup> week	
Various Assessments *	% 30	Overall course duration	
Final Exam	% 40	<sup>14th</sup> week	
<b>Total</b>	<b>%100</b>		

\* includes: quiz, in class and out of class assignment, presentations , reports, videotaped assignment, group or individual projects.

## Alignment of Course Outcomes with Learning and Assessment Methods

Number	Learning Outcomes	Learning Method*	Assessment Method**
<b>Knowledge</b>			
<b>K1</b>	Analyze the actual clinical patient cases in the clinical settings based on the learned theoretical knowledge in the class	Problem based learning	<b>Exam and quizzes</b>
<b>Skills</b>			
<b>S1</b>	Implement nursing care through the utilization of nursing process	Problem based learning	<b>Clinical evaluation Exams Nursing care plan rubric</b>
<b>S2</b>	Demonstrate effective communication skills with peers, individuals, families, and health care team	Clinical practice	<b>Clinical evaluation Exams</b>
<b>S3</b>	Show the correct steps to complete the appropriate documentation of essential data related adult patients nursing care	Clinical practice	<b>Work sheets Nursing care plan Exams</b>
<b>Competencies</b>			
<b>C1</b>	Apply the appropriate values and ethical principles when caring for adult patients and their significant others	Clinical practice	<b>Nursing care plan exams</b>

\* includes: Lecture, flipped Class, project- based learning , problem solving based learning, collaborative learning

\*\* includes: quiz, in class and out of class assignment , presentations , reports, videotaped assignment, group or individual projects.

## Course Policies

Policy	Policy Requirements
<b>Passing Grade</b>	The minimum passing grade for the course is (50%) and the minimum final mark recorded on transcript is (35%).
<b>Missing Exams</b>	<ul style="list-style-type: none"> <li>Missing an exam without a valid excuse will result in a zero grade to be assigned to the exam or assessment.</li> <li>A Student who misses an exam or scheduled assessment, for a legitimate reason, must submit an official written excuse within a week from the an exam or assessment due date.</li> <li>A student who has an excuse for missing a final exam should submit the excuse to the dean within three days of the missed exam date.</li> </ul>
<b>Attendance</b>	The student is not allowed to be absent more than (15%) of the total hours prescribed for the course, which equates to six lectures days (M, W) and seven lectures (S,T,R). If the student misses more than (15%) of the total hours prescribed for the course without a satisfactory excuse accepted by the dean of the faculty, s/he will be prohibited from taking the final exam and the grade in that course is considered (zero), but if the absence is due to illness or a compulsive excuse accepted by the dean of the college, then withdrawal grade will be recorded.
<b>Academic Honesty</b>	Philadelphia University pays special attention to the issue of academic integrity, and the penalties stipulated in the university's instructions are applied to those who are proven to have committed an act that violates academic integrity, such as: cheating, plagiarism (academic theft), collusion, and violating intellectual property rights.

## Program Learning Outcomes to be assessed in this Course

Number	Learning Outcome	Course Title	Assessment Method	Target Performance level
SP2	Enable students to apply the gained nursing care skills, including the physiological, psychological, and social integrity of health care recipients.	Adult health nursing 1 Clinical	Demonstration	95 % will achieve 60 % or more
CP3	Apply the gained soft skills with peers, individuals, families, groups, and health care team	Adult health nursing 1 Clinical	Employer satisfaction Licensure exam results	95 % will achieve 60 % or more

## Description of Program Learning Outcome Assessment Method

Number	Detailed Description of Assessment
SP2	Demonstration of a learned skill using a rubric
CP3	Employer satisfaction survey results and the licensure exam results

## Assessment Rubric of the Program Learning Outcome

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