



Philadelphia University
Faculty of Nursing
First Semester 2018/2019

<u>Course Syllabus</u>	
Course Title: Adult Nursing/ Clinical	Course code: 911224
Course Level: 2nd year	Course prerequisite(s) and/or corequisite(s): 911224/Co-request with adult theory
Lecture Time: : 2 days per week	Credit hours: 3 credit hours

<u>Academic Staff Specifics</u>			
Name	Office Number and Location	Office Hours	E-mail Address
Dr. Mayada Daibes (coordinator)	404 2nd Floor	.	mdaibes@philadelphia.edu.jo
Ms./Mr. (Instructor)	2nd floor		

Course Description: *This course is designed to provide nursing students with the skills required to care competently and safely for a wide variety of patients in different specialty areas. Care of adult patients with specific and complex problems will be studied. Nursing process as a mean of maintaining physiological, psychological and socio cultural integrity is applied. Critical analysis of patient's data and responses to nursing interventions are emphasized, communication skills, critical thinking, decision making, psychomotor skills, teaching-learning principles, keeping updated with current literature, and moral principles are emphasized.*

Course Objectives: *Specify individual learning outcomes you expect students to achieve during the module, using appropriate action verbs (define, demonstrate, analyse, compute, explain design, ... etc.) to begin each statement.*

At the end of this module, student will be able to:

- * Provide competent and safe nursing care to patients in the following areas: recovery room, O.R, burn unit, orthopedic, hemodialysis, neurosurgery, ENT unit.
- * Identify complications either potential or collaborative.
- * Demonstrate teaching abilities.
- * Implement basic concepts from allied sciences and nursing in assisting client to meet their needs.
- * Demonstrate ability to function within a team.
- * Demonstrate responsibility for their nursing interventions.

- * Apply ethical standards of the nursing profession in the care of adult clients.
- * Organize time and resources in providing nursing care.
- * **Course Components:** Construct a continually modified nursing care plan based on the medical patients changing conditions: cardiovascular, respiratory, gastro-intestinal tract, endocrine and metabolic disorders, and oncology.
 - Perform physical assessment using auscultation, palpation, percussion and inspection.
 - Assess and record vital signs.
 - Assist the patient undergoing diagnostic procedures: ECG, paracentesis, thoracentesis, blood and urine specimen.
- * Provide nursing intervention according to the individualized patient's needs.
 - Provide basic comfort measures: positioning and bed making, turning, lifting, ambulation, elimination, hygienic measures, safe environment.
 - Perform therapeutic procedures according to patient's needs: pressure ulcer care, gavage feeding, suctioning: oropharyngeal, nasogastric, oxygen therapy, tube irrigation, catheter care, rehabilitative measures and precaution: chest physiotherapy, exercises, positioning with rehabilitative devices.
 - Administer oral and parenteral medication following the five rights and principles of asepsis.
 - Identify signs of medication toxicity.
 - Provide special care for: cancer patients, AIDS patients, immobile patients,
 - Prepare a balanced plan for fluid & nutritional intake.
- * Record and or report essential data pertinent to patients and nursing intervention.

Text Book(s) and Supporting Materials:

Textbook	
Title	Brunner and Suddarth's Textbook of Medical Surgical Nursing
Author(s)	By Janice L. Hinkle phd RN CNRN (Author), Kerry H. Cheever phd RN (Author)
Publisher	Lippincott: Williams & Wilkins
Year	2013
Edition	13 th ed.

In addition to the above, the students will be provided with handouts by the lecturer.

Teaching Methods:

Lab sessions in the first 2 weeks of the semester, practicing advanced and fundamental nursing skills on patient, direct case round, providing direct patient care in the hospital settings, case discussion.

Learning Outcomes:

- **Knowledge and understanding**
 - Obtain a concise patient history
 - Obtain and label routine specimen.
 - Prepare a balanced plan for fluid & nutritional intake.
 - Recognize the need to view client as a holistic beings

- **Cognitive skills (thinking and analysis).**
 - Interpret results of diagnostic procedures and laboratory findings
 - Work according to priorities.
- **Communication skills (personal and academic).**
 - - Provide health teaching to patients and their families.
 - Provide psychological care to patients and their families
- **Practical and subject specific skills (Transferable Skills).**
 - Provide special care for patients with orthopedic problems, renal problems, neurosurgery cancer patients or burn injury

Course Evaluation

Modes of Assessment:

Modes of Assessment:	Score	NOTES
Lab quiz (avrg. of two lab quizzes, 5 marks each)	5	1 st
Professionalism (PRE-POST MIDTERM 5 EACH)	10	1 st and final
SOPIE (4 sheets)	20	1 st and final
Nursing Skills/procedures (twice 5 marks each)	10	2 nd and final
Patient Health teaching	5	2 nd
Patient study presentation/conference	10	final
Nursing care plan	<u>10</u>	final
Mid term exam (WRITTEN)	<u>10</u>	2 nd
Final Exam (Comprehensive; written 10, verbal 10)	<u>20</u>	final

Course Academic Calendar

week	Hour	Week Subject
Week 1		<ul style="list-style-type: none"> • Introduction to the clinical nursing documents • History taking and interviewing and informed consent • Orientation to nursing process,
Week2	8:00-9:00 9:00-11:00 11:30-1:30 1:30-2:00	<ul style="list-style-type: none"> • Vital signs • Sampling and I.V access and insertion and care • Fluid balances and fluid calculations • Quiz
Week3	8:00-11:00 11:30-12:45 12:45-1:30	<ul style="list-style-type: none"> • Medication administration and calculation • Chest physiotherapy (inc. DBE coughing exc.) and Oxygen therapy • ECG

Week4	8:00-10:00 10:00-12:30 12:30-1:30 1:30-2:00	Physical examination (videos and demonstration) Positioning, moving and lifting Pain assessment and management Quiz
-------	-------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------

Attendance Policy:

(Example to be adopted & modified.)

Absence from lectures and/or tutorials shall not exceed 15%. Students who exceed the 15% limit without a medical or emergency excuse acceptable to and approved by the Dean of the relevant college/faculty shall not be allowed to take the final examination and shall receive a mark of zero for the course. If the excuse is approved by the Dean, the student shall be considered to have withdrawn from the course.

Documentation and Academic Honesty

(Example to be adopted & modified.)

Submit your home work covered with a sheet containing your name, number, course title and number, and type and number of the home work (e.g. tutorial, assignment, and project).

Any completed homework must be handed in to my office (room IT...) by 15:00 on the due date. After the deadline “zero” will be awarded. You must keep a duplicate copy of your work because it may be needed while the original is being marked.

You should hand in with your assignments:

- 1- A printed listing of your test programs (if any).
- 2- A brief report to explain your findings.
- 3- Your solution of questions.

• Protection by Copyright

(Example to be adopted & modified.)

1. Coursework, laboratory exercises, reports, and essays submitted for assessment must be your own work, unless in the case of group projects a joint effort is expected and is indicated as such.
2. Use of quotations or data from the work of others is entirely acceptable, and is often very valuable provided that the source of the quotation or data is given. Failure to provide a source or put quotation marks around material that is taken from elsewhere gives the appearance that the comments are ostensibly your own. When quoting word-for-word from the work of another person quotation marks or indenting (setting the quotation in from the margin) must be used and the source of the quoted material must be acknowledged.
3. Sources of quotations used should be listed in full in a bibliography at the end of your piece of work.

• Avoiding Plagiarism.

(Example to be adopted & modified.)

1. Unacknowledged direct copying from the work of another person, or the close paraphrasing of somebody else's work, is called plagiarism and is a serious offence, equated with cheating in examinations. This applies to copying both from other students' work and from published sources such as books, reports or journal articles.
2. Paraphrasing, when the original statement is still identifiable and has no acknowledgement, is plagiarism. A close paraphrase of another person's work must have an acknowledgement to the source. It is not acceptable for you to put together unacknowledged passages from the same or

from different sources linking these together with a few words or sentences of your own and changing a few words from the original text: this is regarded as over-dependence on other sources, which is a form of plagiarism.

3. Direct quotations from an earlier piece of your own work, if not attributed, suggest that your work is original, when in fact it is not. The direct copying of one's own writings qualifies as plagiarism if the fact that the work has been or is to be presented elsewhere is not acknowledged.
4. Plagiarism is a serious offence and will always result in imposition of a penalty. In deciding upon the penalty the Department will take into account factors such as the year of study, the extent and proportion of the work that has been plagiarized, and the apparent intent of the student. The penalties that can be imposed range from a minimum of a zero mark for the work (without allowing resubmission) through caution to disciplinary measures (such as suspension or expulsion).